

January
2015



GO FOR YOUR GOALS

*"The GOAL I pursue is the prize of God's upward call in Christ Jesus."
Philippians 3:14 (CEB)*

The greatest goal is to be in the center of God's will. Our success in life is contingent on knowing that God made us overcomers. The Bible says, "We are more than conquerors through Christ." (Romans 8:37) We can be confident in setting goals for our lives, knowing that God wants us to be successful and achieve them.

WHAT IS A GOAL?

A goal is the mark that you are shooting for in life. Specifically, a goal is the dream you desire, or the vision you see for your future. It's the desired outcome of a plan you have or the final achievement of what you want for your life. Accomplished goals are like footprints you leave behind for others to follow. Goals don't "just happen." We have to work hard to achieve them and have a "stick to it" attitude.

TYPES OF GOALS

You can set goals for the things you desire for your life. Although there are many types of goals, they generally fall into these five major categories: 1) relationship (marriage & family) 2) career (job or work) 3) financial (money or material) 4) physical (fitness & health) 5) spiritual (beliefs and practices). At the beginning of each year or season in our lives, it would be advantageous for us to prayerfully seek God for His direction in all of these areas.

HINDRANCES TO OUR GOALS

"Let us, too, put aside every impediment — that is, the sin which easily hampers our forward movement — and keep running with endurance in the contest set before us." (Hebrews 12:1 CEV)

We all need to deal with things that hamper us or impede our progress. When we run into troubles or snags, it's easy to blame others and not take responsibility for our decisions. Often, people around us can cause us to be hindered as we see in Paul's admonition to the Galatians. "You were running well; who hindered you from following the truth?" (Gal 5:7 NAB) Often our biggest hindrance to reaching our goals is refusing to take personal responsibility for ourselves and blaming others. We have to take charge!

STAY FOCUSED

Another challenge in pursuing our goals is staying focused on the right things. Paul encouraged us to look to the future, not focus on the past. "Brethren, I count not myself to have apprehended: BUT THIS ONE THING I DO FORGETTING those things which are behind, and REACHING FORTH unto those THINGS WHICH ARE BEFORE, I PRESS TOWARD THE MARK for the prize of the high calling of God in Christ Jesus." (Phil 3:13-14 KJV) Like Paul, we must leave the past behind and keep moving forward, staying focused on our goals.

BE PATIENT AND ENDURE

Margaret Thatcher, former British Prime

Our *vision* is to be a voice to our generation imparting truth, instilling hope, and motivating positive change.

Our *objective* is to present God's Word in a practical, relevant way through:

Life-changing teaching.

Inspiring guest interviews.

Distributing newsletters.

Providing resource materials.

Hosting workshops & seminars in First Nations Communities.

You can help by becoming a *monthly partner*. As a partner, you can:

Apply your faith in prayer.

Make financial contributions.

Lend your time and skills to help in program production.

Promote the program by telling others about it.

Encourage us with your letters and praise reports.

Minister said, "You may have to fight a battle more than once to win it." Accomplishing your goals will take a lot of time and effort. Hebrews 12:2 reminds us to "run with patience" (KJV). We have to be patient and ready to endure times of slow progress or boredom. Remember, life is not a sprint, but a marathon!

BUILD THE REPUTATION OF A DOER

Henry Ford was once quoted saying "You can't build a reputation on what you were going to do." The Bible encourages us to become doers, not just talkers. We all know people who talk about "doing something big someday," but someday never comes. A Chinese proverb puts things in perspective stating, "A thousand mile journey begins with one step." We all want to follow doers because they are achievers. Talk is cheap and nothing defeats us more than having faith without works. (James 2:14) Your dream will never be achieved unless you begin to act on it! This year lets "Put first things first" and keep things simple by taking one step at a time.

THE YEAR TO ACHIEVE

"We can do anything we want to do if we stick to it long enough," said Helen Keller, an Educator, Journalist and Humanitarian who overcame great adversities in life. Born blind and deaf, she was a great

advocate for people living with disabilities. This can be your year to overcome adversity and things that have held you back. You can achieve your goal if you keep at it long enough and be determined not to quit. Here are 5 simple things you can do to start achieving your goals!

1) Make plans; not resolutions.

Plan out your course and stick to it step by step. Take action, don't just talk about it.

2) Turn off the Screens.

Don't let entertainment or procrastination steal your valuable time.

3) Learn to say NO!

Prioritize your life around what is valuable and important to your goals. Don't feel guilty if you can't do everything! Make time for rest, recreation, prayer and meditation.

4) Appreciate those around you. Write down what you appreciate about life and people. Spread gratitude and plant seeds of kindness by your words. It costs you little but pays off in a big way!

5) Pray about everything. God is in the details! *"He cares about you affectionately and watchfully."* (1 Peter 5:7) Prayer and confessing faith relieves your worries and allows God to work on your behalf, even in the small things!

PARTNER COMMENTS

"We believe Spirit Alive has a key opportunity to witness and spread the gospel of Jesus Christ to the Aboriginal community in our nation.

-- The Summit Church

"Spirit Alive has taken me forward increasing my faith, understanding the Word and applying it to my everyday life."

-- Karyn, Thunder Bay

"I started watching the program, hearing about the purpose of God.

Through Spirit Alive I started attending this church and now I'm in Bible School.

-- Joe, Faith Life Bible School Student

BROADCAST SCHEDULE

GLOBAL Thunder Bay
Sunday 9:30 am EST

NEW!

CKPR Thunder Bay
Saturday 11:00 am EST

CKWS/CHEX TV
Sunday 5:00 am EST

HOPE TV
Sunday 3:00 pm EST
Bell 591
Rogers 174
Shaw/MTS 11

View all programs on
www.spiritalive.org



Find us on
Facebook

SPIRIT ALIVE NEWS

- We continue to plan for our new facility and have been receiving donations towards the new Spirit Alive Studio. Miigwetch!
- Free Ojibwe Classes for Children and Adults at 70 Secord St. Thunder Bay. Classes start January 15, Mondays & Thursdays, 7:00 - 9:00 pm.
- CKPR Thunder Bay has offered to air Spirit Alive free of charge Saturdays at 11:00 am!
- With a second editor joining our team, our program has received an updated intro and extro and all recent programs have been uploaded to spiritalive.org, so you can watch anytime!