

## OUR VISION

- **BROADCASTING**  
Life Changing  
Teachings for TV and  
Internet
- **PROMOTING**  
Ministries and  
Organizations that  
help First Nations
- **NETWORKING**  
with First Nations  
Communities
- **CONNECTING**  
with Partners and  
Viewers through  
publications, social  
media and prayer
- **PARTNER** with us!
  - Give monthly
  - Partner in prayer
  - Volunteer on site
  - Tell others about us

## BROADCAST SCHEDULE

**GLOBAL Thunder Bay**  
Sunday 9:30 am (EST)  
Thursday 10:00 am (EST)

**CKPR Thunder Bay**  
Sunday 8:30 am (EST)  
Saturday 11:00 am (EST)

**FAITH TV**  
Sunday 3:00 pm (EST)  
Tuesday 3:00 pm (EST)

**YES TV Edmonton**  
Sunday 4:30 pm (MST)

**Watch Spirit Alive on:**  
- [spiritalive.org](http://spiritalive.org)  
- [youtube.ca/spiritalive](http://youtube.ca/spiritalive)



# THE POWER OF JOY



JUNE 2025

*"Do not sorrow for the **joy of the Lord is your strength.**" Nehemiah 8:10 NKJV*

These words from the book of Nehemiah were spoken to the people of Israel who had returned to their homeland after years of captivity. After realizing how far they had wandered from God's ways, they were sad and mournful. Nehemiah encouraged them to stop mourning and start rejoicing!

### JOY IS GOOD MEDICINE

Joy is a force. When we rejoice, it gives us strength. Rejoicing helps us experience a little bit of heaven on earth. Joy is like tasting our future! Proverbs 17:22 tells us, *"a **cheerful heart is good medicine**, but a broken spirit saps a person's strength"* (NLT). Sorrow is the opposite of joy. It brings weakness to our lives. It drains our strength and can put us in a state of depression. Romans 8:6 tells us that if we let our sinful nature control our mind, it leads to death. *"But letting the Spirit control your mind leads to life and peace."* (NLT) Joy isn't dependent on feelings, circumstances or events. Joy comes from within. It is a product of our faith. As we focus on Jesus and believe His promises, we can experience a continual feast of joy.

### CHOOSE JOY

Jesus commanded his disciples to be joyful. *"These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: **but be of good cheer; I have overcome the world**"* (John 16:33 KJV). "Good cheer" sounds like joy, doesn't it? Joy is a choice you must make every day. Even in a trial, you can choose to rejoice. Jesus demonstrated this to us. He endured the shame and pain of the cross because of *"the joy that was set before Him"* (Hebrews 12:2 NKJV). Jesus saw His

future and our redemption. We can also anticipate our future with joy as we look to what Father God has planned for us!

### SORROW SHALL PASS

We all go through trials in life that try to steal our joy. The Apostle Paul said that *"our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory"* (2 Corinthians 4:17 NKJV). God is at work in us, even through our difficulties. That's a reason to rejoice! The psalmist encourages us that *"weeping may endure for a night, but joy comes in the morning"* (Psalm 30:1-5 NKJV). God doesn't want us to stay in sadness and depression. Mourning should have an expiration date! Let's look at the following example. The prophet Samuel was mourning because he had installed Saul as King of Israel, but Saul's disobedience disqualified him. (See 1 Samuel 15:35 KJV) Later, God challenged Samuel to stop mourning and get on with his assignment. *"How long will you mourn for Saul, seeing I have rejected him from reigning over Israel? **Fill your horn with oil, and go;**"* (1 Samuel 16:1) God reminded Samuel of his mission and his purpose. He needed to anoint David as the next king. It's not God's will for us to stay stuck mourning over our losses. We need to make a decision to choose joy and move forward in the plan of God.

### PUT ON JOY

Just like you can decide what to wear everyday, you can decide to put on joy. God promises to give His people, *"the garment of praise for the spirit of heaviness"* (Isaiah 61:3 NKJV). The psalmist says, *"you have taken away my clothes of mourning and clothed me with joy"* (Psalm 30:11 NLT).

We can decide to stop mourning and put on joy. Start focusing on the good things God has planned for you. "For I know the plans I have for you," says the Lord. "They are **plans for good** and not for disaster, to give you **a future and a hope.**" (Jeremiah 29:11 NLT) Start activating the power of joy by thanking and praising God for all that He has done for you!

*"I pray that the God of hope, will fill you completely with joy and peace because you trust in him."  
Romans 15:13 NLT*

On a personal note, thank you to all our viewers and partners for your support and encouragement. I pray for you daily and believe you are being strengthened and growing spiritually through God's Word.



Miigwetch,  
Dr. Roma J. Fisher

## HELPLINE

807-285-9945 or  
1-833-532-1428

Open Sundays (EST)  
9:30-10:30 am  
3:00-4:00 pm

Call us for prayer  
& partner support

## RECEIVE NEW LIFE

Whoever calls on the  
name of the Lord  
shall be saved.  
Romans 10:13

If you've never received  
salvation, pray this simple  
prayer:

"God, I need a Saviour. I  
believe you sent your Son  
Jesus to die for me. I  
receive Him and choose to  
follow Him today."

If you've made this  
decision, contact us! We  
want to send you helpful  
resources.

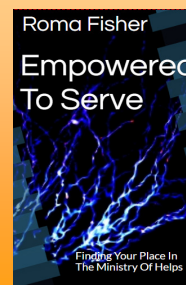
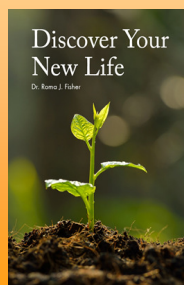
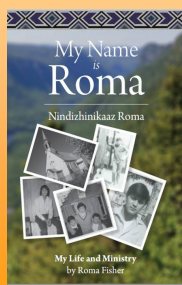
## CONTACT US

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## ROMA FISHER MEDIA PUBLICATIONS

Call 807-344-1956 or 807-285-9945 to order.



### UPCOMING SCHEDULE:



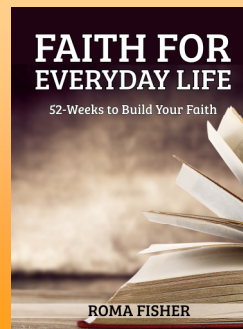
Pastor Roma will be speaking Friday, Oct 17, 7:00 pm  
and Saturday, Oct 18, 10:30 am.

Faith Builders International,  
Kettle Point First Nation  
faithbuilders.ca

#### Service Times:

Wednesday-Sunday- 7:00 pm  
Saturday Morning - 10:30 am  
Sunday Morning - 10:30 am

### NEW BOOK NOW AVAILABLE:



### FAITH FOR EVERYDAY LIFE DEVOTIONAL

By Pastor Roma Fisher

Cost: \$30.00  
plus postage

### Become a Partner!

To our viewers and partners, we are so grateful for your encouraging letters, your prayers and financial support. Your generous gifts help us "Share the Spirit of Faith" across Canada through TV and Internet. Please know, we thank God for you and pray for you daily! "Whenever I pray, I make my requests for all of you with joy, for you have been my partners in spreading the Good News". (Phil 1:4-5)

If you would like to partner with us, you can:

1. **Call to set up monthly automatic withdrawal via credit or debit**  
(Office 807-344-1956 or Helpline 807-285-9945)
2. **Send monthly or one-time support via e-transfer to spiritalive@tbaytel.net**  
(Include your mailing address in notes.)
3. **Send monthly or one-time support via check by mail**  
(See address under Contact Info on the newsletter)

Spirit Alive is a non-profit organization and issues Charitable Donation Receipts in February of each year.

### Visit Us at Faith City Church!

We invite you to join Pastor Roma at Faith City Church.  
Service times: Sunday 10:30 am, Wednesday 7:00 pm

Faith City Church & Spirit Alive Studio Location  
360 Black Bay Road, Thunder Bay, P7A 1P5